

Healing with Horses Presents

Coping with Grief

With Guest Speaker Dr. Regina Giannone-Tyler EDD, MSPC, BA



Workshop Information:

Saturday March 4th

9:00am - 3:00pm

Price: \$125.00

(Includes lunch and equine activity. No prior horse experience necessary.)

Located at Carousel Park 3700

Limestone Rd.

Wilmington, DE 19810

Online Registration at

www.healingwithhorsesinc.org or call

302.203.8771

Healing with Horses

PO Box 310

Hockessin, DE 19707

Dr. Regina Giannone-Tyler has been a grief therapist for the past 27 years with experience in supervision of hospice care and coordinating aftercare for the bereaved for local funeral homes. She also offered support with her own talk show for several years in Delaware. Regina is employed full time by Wilmington University.

During this workshop, participants will learn healthy coping skills to assist in adjusting to losses, whether because of the loss of a loved one or one of the many losses we encounter with life. She will offer a guide to “Rules of the Road” and will offer suggestions to better understand our reactions and respond with courage and dignity.

The New Year is a time to count what good is ahead and mourning that which is no more. Join us for a time on this journey of power and healing.

Our Healing with Horses team will join forces with Dr. Giannone-Tyler for a learning experience that you will not forget. This six-hour class will consist of group learning as well as hands on activities with the horses but all exercises will be conducted on the ground, so no riding experience will be necessary. Dress in layers and wear closed toe shoes, as a portion of the workshop will take place in an indoor horse arena.